

### BPS Board Survey

Deadline: Friday, April 23



The BPS Board wants to assess public support of the District's direction, while also gauging the efficacy of District communications. We are requesting that stakeholders set aside a few minutes to take this survey at [www.surveymonkey.com/r/LXYQFKC](http://www.surveymonkey.com/r/LXYQFKC) through Friday, April 23. Results will be presented to the School Board.

### We Sing Again: Bismarck-Mandan Civic Chorus Spring Concert



Saturday, April 24



The Bismarck-Mandan Civic Chorus will present "We Sing Again" Saturday, April 24 at 7:30 pm, at the Belle Mehus Auditorium. The concert will feature a wide variety of musical arrangements of joyful tunes, such as "Seasons of Love," "Earth Song," and "O Sifuni Mungu" as well as songs from Jubilate! of Central Dakota Children's Choir under the direction of Dawn Hagerott. Tickets are available at [bismanchorus.com](http://bismanchorus.com) and at the door. Active military and retired service members can show military ID at the door for free admission. For more details, call 701-400-7774.

### Literacy on the Go

Wednesday, April 28



BECEP birth to age three programs will be having a FREE "Literacy on the Go" community event on Wednesday, April 28 from 4:30 – 6:30 pm at the Bismarck Magical Moments Park, 205 E Reno Ave., Bismarck. BECEP staff will be sharing tips for reading to your infants and toddlers, along with some spring activities and a book. No need to get out of your car! Simply drive through to get your literacy ideas and activities. This event is for any family with a child under the age of 3 and funded through the BPS SRCL Grant to promote literacy for our early learners.

### Central Dakota Children's Choir 2021-2022 Auditions



Central Dakota Children's Choir, a choir of over 300 talented young choristers, is holding auditions for the 2021-2022 season. Central Dakota Children's Choir welcomes students from public, private, and homeschools. No previous vocal training or experience needed.

Auditions are open to students **currently** in grades 2-11:

- Grades 2-5 will audition on April 29.
- Grades 6-8 will audition on April 28.
- Grades 9-11 will audition on April 26-29.

For more information, call the Central Dakota Children's Choir office at 701-258-6516 or go to [www.aboutcdcc.org](http://www.aboutcdcc.org).

### Central Dakota Resilience Track and Field Club

Interested in a competitive track program for the summer? Registration is open for the Central Dakota Resilience Track and Field Club, right here in Bismarck! This is open to ages 4 -18. The club is affiliated with USATF, so will compete in the Dakotas Meet (in Bismarck), Regionals Meet (Omaha), and hopefully have some in the Nationals Meet! You can find more information at [www.centraldaktrack.weebly.com](http://www.centraldaktrack.weebly.com).

### Band Night Parade

Friday, May 14

The Band Night Parade is BACK for 2021 on Friday, May 14 starting at 6:30 pm. Make sure to get a spot and be a part of the music and cheer on local students as they play! The parade route will start from the Capitol Grounds, go South down 6th street, West on Avenue A, and North up 4th street to finish back near the Capitol. If you are interested in having a float in the parade, contact Hannah Carlson at [hannah@eckroth.com](mailto:hannah@eckroth.com) or 701-333-0282 to get your group signed up and join in on the parade.

# Start Smart Boys Basketball Camps



Century High School's boys' basketball coach Darin Mattern will be running four youth basketball camps. For the camp brochure, [click here](#). For more information call Coach Darin Mattern at 701-226-6898 or go to <http://centurypatriotsboysbasketball.weebly.com/>.

## Start Smart Camps

Entering grades K-5: June 1-4, 1:30-4:30 pm, Century, \$85

Entering grades 6-12: June 7-10, 1-5 pm, Century, \$85

## Shooting Camp - Entering grades K-12

Session I: June 1-2, 10 am-noon, Horizon, \$55

Session II: June 7-8, 10 am-noon, Century, \$55

# Bismarck Youth Fastpitch Summer Softball League

June 7-July 21



The 2021 BYFSA summer softball registration is currently open to all girls ages 5-18. The summer league offers four divisions: 6U, 8U, 10U and 11Up. Participants of all ages and skill levels are encouraged to come out and join! Games will start on June 7 and go through July 21 with the season-ending tournament being held on July 24.

Meetings for parents and coaches will be on Sunday, May 16 at Simle Middle School Auditorium. Coaches will meet from 3:45-4:30 pm with parents meeting at 4:30pm.

Register online at [www.bismarckfastpitch.com](http://www.bismarckfastpitch.com). For questions, call 701-471-5997 or email [bismarckyouthfastpitch@gmail.com](mailto:bismarckyouthfastpitch@gmail.com).

# Capital City Football Camps

**Capital City Youth Football Camp:** For boys & girls entering grades 2-5 this fall. Camp runs July 6-8 from 1-3:15 pm. Campers will learn all positions and basic fundamentals. Registration forms/brochures are available at the [Century Football website](#). Cost is \$50 (non-padded). Call CHS head football coach Ron Wingenbach at 701-426-1779 for further details.

**Capital City Middle School Football Camp:** For boys & girls entering grades 6-8 this fall. Camp runs July 6-8 from 9-11:30 am. Campers will develop individual skills and use them in a team atmosphere, as well as footwork, technique, and overall mastery of the fundamentals. Cost is \$60 (non-padded). Registration forms/brochures are available at the [Century Football website](#). Call CHS head football coach Ron Wingenbach at 701-426-1779 for further details.

# Stars and Spikes Volleyball Camp



Century High School Girls Volleyball Coach Jamie Zastoupil and staff will be offering six youth volleyball camps at CHS. The Stars and Spikes Volleyball Camp will be a rewarding and satisfying experience for your child, both in what they can learn on the court and from the association and competition with others their own age group who likewise love volleyball. We assure you that your child will be kept busy learning the fundamentals of the game of volleyball. The camp brochure can be found at

<https://sites.google.com/bismarckschools.org/chs-chsathletics-volleyball/camps?authuser=0>.

**Entering Grades 2-4:** Basic Skills camp works on passing, setting, serving, and team play.

June 16-18, Century High School, 12:30-2:30 pm, \$70

**Entering Grades 5-6:** Basic Skills camp works on passing, setting, hitting, serving, and team play.

June 16-18, Century High School, 3:00-5:00 pm, \$70

**Entering Grade 7:** This will be a skills camp working on passing, setting, serving, hitting, blocking, defense and offense, as well as teamwork.

June 14-15, Century High School, 12:00-3:00 pm, \$70

**Entering Grade 8:** This will be a skills camp working on passing, setting, serving, hitting, blocking, defense and offense, as well as teamwork.

June 14-15, Century High School, 3:00-6:00 pm, \$70

**Entering Grade 9:** This will be a skills camp working on passing, setting, serving, hitting, blocking, defense and offense, as well as teamwork.

June 21-23, Century High School, 12:30-3:30 pm, \$85

# iCan Bike Camp

July 26-30

Is anyone in your family having difficulty learning to ride a two-wheel bike independent of training wheels? Anne Carlsen Center and Designer Genes, along with other partners such as Bismarck Parks and Rec, will be bringing the iCan Bike Camp to Bismarck. This camp offers participants 75 minutes each day for 5 days of specialized training to become independent two-wheel bike riders. You must be at least 8 years old or older (adults welcome) and walk independently. Cost is \$100. For more information about the camp, visit [icanshine.org](http://icanshine.org). To register, contact Rachael Buss at [rachael.buss@annecenter.org](mailto:rachael.buss@annecenter.org) or 701-317-4883. P.S. They're also looking for volunteers to work with the riders!

# Youth & Family Programs @ YMCA & Family Wellness



**YMCA:** Always there for our community.  
1608 N Washington St.  
701-255-1525

[www.bismarckymca.org](http://www.bismarckymca.org)

**Family Wellness:** For your active family,  
for our growing community.

2700 46th Ave. SE Mandan

701-751-9800

[www.familywellnessbismar.org](http://www.familywellnessbismar.org)

## Youth Sports YMCA & Family Wellness

When children participate in youth sports programs, they experience the excitement of teamwork, determination, competition, leadership and athleticism. Registration fees vary by program. Register now at [bismarckymca.org](http://bismarckymca.org).

How the Y & Family Wellness are working hard to run a fun, safe youth program and keep all our participants healthy:

- Thoroughly cleaning all equipment after each game & practice.
- Staggering game & practice times to minimize group sizes.
- Requiring participants to wear masks while on the bench.
- Requesting all spectators wear masks.
- Operating our facility under cleaning & distancing protocols.

### **Tball YMCA: Boys & Girls ages 3-6**

Session: June 7-July 15

3-4 years: Tuesdays 5:30 or 6:30 pm

Games: Thursdays 4:45 or 5:45 pm

5-6 years: Wednesdays 5:30 or 6:30 pm

Games: Thursdays 6:45 or 7:45 pm

Registration: \$41 member; \$89 non-member



### **Itty Bitty Activities YMCA & Family Wellness**

A fun and exciting program designed to introduce basic sports skill and concepts to participants ages 3-5 years. Fees for all Itty Bitty Activities are \$30 for members and \$50 for non-members. Register now at [bismarckymca.org](http://bismarckymca.org).

#### **Itty Bitty Basketball YMCA**

Session: May 3-25, Mon or Tues 4:30, 5:30 or 6:30 pm

#### **Itty Bitty Soccer YMCA**

Session: June 7-30 or July 12-Aug. 4

Mon or Wed 10 or 11 am, 5:30 or 6:30 pm.

#### **Itty Bitty Sports YMCA**

Session: June 8-29 or July 13-Aug. 3

Tues 10 or 11 am, 5:30 or 6:30 pm

#### **Itty Bitty Baseball YMCA**

Session: June 10-July 1 or July 15-Aug. 5

Thurs 10 or 11 am, 5:30 or 6:30 pm

#### **Itty Bitty Soccer YMCA**

Session: June 7-28 or July 12-Aug. 2

Mon 10 am, 5:30 or 6:30 pm

### **Aquatics YMCA**

Kids who take swimming lessons at the Y learn much more than how to swim. YMCA instructors work with children on confidence, fun and the Safety Around Water program. Now in the NEW Family Splash Center. \$55 members; \$85 non-members. Register at [bismarckymca.org](http://bismarckymca.org).

How the Y and Family Wellness are working hard to run a fun, safe youth program and keep all participants healthy:

- Continuous cleaning all equipment.
- Spacing out & staggering lesson groups.
- Requiring instructors to wear face shields.
- Requesting all spectators wear masks & view from bleacher area.
- Operating under cleaning & distancing protocols.

**1x/wk for 6 wks - Fridays, June 4-July 16**

**1x/wk for 6 wks - Saturdays, June 5-July 17**

**2x/wk for 4 wks - Mon. & Wed. or Tues. & Thurs.**

Sessions: April 19-May 12

April 20-May 13

June 7-17

June 21-July 1

July 12-22

July 26- August 5

**4x/wk for 2 wks - Mon.-Thurs.**

Sessions: June 7-July 1

July 12-August 5



### **First International Bank & Trust Family Splash Center**

This addition to the Y boasts a variety of special features! Water slides, play structures, fountains, therapy jets and lap lanes, all accessible from a zero depth entry, make this safe, clean and welcoming warm water pool the place to be for the whole family: and it's always FREE for members!

### **Adaptive Swim YMCA**

Children with Down Syndrome, Autism, or other sensory disorders, work with certified instructors to learn water safety and swim skill, in a calm, soothing environment.

Sessions held regularly. FREE for members.

### **Youth Development Centers YMCA & FW**

**Adventure Camp:** An exciting and educational place to learn and play on school off days for K-5th grade children. Apr. 30 & May 3. More info. at [www.bismarckymca.org](http://www.bismarckymca.org).

**Summer Care & Camps:** An exciting, educational and safe way for school age kids to spend their summer, learning and growing with friends. Kinder Camp, Y Explorers and Camp Nakota programs available. Registration is OPEN. To enroll or for more details, go to [www.bismarckymca.org](http://www.bismarckymca.org).

**Before & After School Program:** A fun, safe, active place for school age kids to play outside of classroom hours. Some transportation and various locations available Sept-May. To enroll or more info., go to [www.bismarckymca.org](http://www.bismarckymca.org).

**Early Learning Academy:** An exciting, engaging, part time educational program for kids ages 3-5. Various schedules available Sept-May. To enroll or for more details, go to [www.bismarckymca.org](http://www.bismarckymca.org).

**Full Time Preschool:** Some spots are currently available for children who will be 3 by Sept. 1, 2021. To enroll or for more information visit [www.bismarckymca.org](http://www.bismarckymca.org).



### **Youth Fitness Family Wellness**

Tues, 6:30-7:15 pm: Children enjoy a guided group fitness class designed to keep them moving, active and having fun. Offered Labor Day through Memorial Day. FREE for members. More at [www.familywellnessbisman.org/](http://www.familywellnessbisman.org/).

### **Step Into You Yoga Family Wellness**

Virtual, Weekly: Young women, ages 12-19, come together in a guided virtual yoga class that helps them find their footing, find their voice and find balance. FREE for the community. More information at [familywellnessbisman.org](http://familywellnessbisman.org).

### **Intro to Fitness Family Wellness**

In-person, 4-week programs: Young people, ages 10-19, learn the fundamentals of safe and effective strength and cardio training, in a fitness center, led by a certified trainer. \$100 for members; \$125 non-members. More information at [familywellnessbisman.org](http://familywellnessbisman.org).

### **Jr. Chefs YMCA**

Kids get cookin' in this fun and flavorful program. Our culinarians put young people ages 6-10 to work in the kitchen learning about safety, healthy eating and fun family recipes! Sessions are held regularly with special rates for members. More information at [www.bismarckymca.org](http://www.bismarckymca.org).

### **Babysitter Training Course YMCA**

This fun, interactive and hands-on class will help future caregivers, ages 11-14, develop the knowledge, skills, and confidence they need to effectively and safely supervise and manage children. Upon completion, participants will be certified in both babysitting and first aid/cpr/aed, which is valid for 2 years. Visit [www.bismarckymca.org](http://www.bismarckymca.org) for details.

### **Family Fun Gym Time YMCA & Family Wellness**

YMCA: Tuesdays & Thursdays, 10 am-noon; Family Wellness: Wednesdays & Fridays, 10:30 am-noon. Families can enjoy playing together with ride-on toys, sports activities and climbing on the bouldering wall. Offered Labor Day through Memorial Day. FREE for members. Visit [www.bismarckymca.org](http://www.bismarckymca.org) for more information.

The Friday Flier is emailed to parents of public & private school students in Bismarck, grades Pre-K-8, every other Friday during the school year. It's produced by Bismarck Public Schools as a service to non-profit community organizations that provide positive events and activities for students and families. With the exception of official BPS activities, these events are not sponsored/endorsed by BPS. Fundraising events such as benefit breakfasts or auctions/dinners will not be allowed, nor will notices that directly compete with BPS events, activities and services. For the guidelines, deadlines and fees, visit [www.bismarckschools.org](http://www.bismarckschools.org) under Departments, Community Relations, email [community\\_relations@bismarckschools.org](mailto:community_relations@bismarckschools.org) or call 701-323-4092 to submit items for a small fee.