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## **Sanford Health offering no-appointment-necessary sports physical blitzes**

**BISMARCK, N.D.** — Sanford Health will hold no-appointment-necessary sports physical blitzes for student athletes at select clinics in the Bismarck-Mandan area. These blitzes will be held from 5:30 p.m. to 8 p.m. on July 28, August 4, and August 11 at the following clinics:

- Sanford North Mandan Clinic
- Sanford Northern Sky Clinic
- Sanford South Clinic

Walk in during a blitz or call your child's primary care physician to schedule an appointment.

The North Dakota High School Activities Association requires annual sports physicals for all athletes participating in school-sanctioned sports. Athletes must have their physicals completed before the first day of practice for their sport.

For more information, visit [sanfordhealth.org](http://sanfordhealth.org).

The Sanford Bismarck region provides health care to central and western North Dakota, eastern Montana and northern South Dakota. It includes 21 clinics in Bismarck, Mandan, Minot, Dickinson and Watford City, as well as a Level II trauma center located in Bismarck.

### **About Sanford Health**

Sanford Health, one of the largest health systems in the United States, is dedicated to the integrated delivery of health care, genomic medicine, senior care and services, global clinics, research and affordable insurance. Headquartered in Sioux Falls, South Dakota, the organization includes 46 hospitals, 1,500 physicians and more than 200 Good Samaritan Society senior care locations in 26 states and 10 countries. Learn more about Sanford Health's transformative work to improve the human condition at [sanfordhealth.org](http://sanfordhealth.org) or [Sanford Health News](#).

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