

# SANFORD SPORTS

## CHS SUMMER TRAINING 2023



6AM - Overflow

9AM - Male -  
Underclassman

June 5-August 3  
(M-TH AT CHS)

*\*No training  
week of July 3-6*

7AM - Male -  
Upperclassman  
*(Tues. & Thurs. will  
train at 8AM)*

10AM - Female -  
Underclassman

11AM - Overflow

PRE-TESTING  
JUNE 5 at CHS.

*Individuals will test at their  
normal registered hour.*

8AM - Female -  
Upperclassman  
*(Tues. & Thurs. will  
train at 7AM)*

12:30PM - Overflow

**\$165 - Registration  
opens April 3**

1:30PM - Overflow

To register: call,  
scan QR code  
below, or visit our  
website and  
select 'Bismarck'  
scroll and click  
'Login'



**SPOTS ARE LIMITED TO 30 PER  
SESSION AND WILL FILL UP FAST**