

**Registration Form:**

Please complete the following form and mail  
to Stars and Spikes Volleyball  
1000 E. Century Ave, Bismarck, ND, 58503

**Campers Name:** \_\_\_\_\_

**Grade Level Camper is entering :** \_\_\_\_\_

**Address:** \_\_\_\_\_

**City/Zip:** \_\_\_\_\_

**Parent or Guardian:** \_\_\_\_\_

**Phone Number:** \_\_\_\_\_

**T-Shirt Size:** Youth Small \_\_\_\_\_ Y Med: \_\_\_\_\_

Y Large: \_\_\_\_\_ Small: \_\_\_\_\_ Med: \_\_\_\_\_

Large: \_\_\_\_\_ XL: \_\_\_\_\_

**Any medical conditions or allergies:**  
\_\_\_\_\_

**This applicant has my approval:**  
\_\_\_\_\_

(Parent's Signature)

I understand that the Stars and Spikes Volleyball Camp, its directors and instructors will not be held responsible for injuries or loss of property while the student named on this application attends camp. The above signature on this application absolves Bismarck Public Schools and its employees of all responsibility. This registration form will secure entry into camp. Full payment is due with this registration. Please keep the other section for your information.

**Date Paid** \_\_\_\_\_

**Check #** \_\_\_\_\_ **Amount** \_\_\_\_\_

**Camp Directors:**  
**Century High School Varsity**  
**Volleyball Coaches:**

This camp will be led by Jamie Zastoupil, Century High School Varsity Volleyball Coach. Additional coaches will include our current coaching staff and past and present players.

In 2018, the Century Patriot Volleyball Team was regular season champions, West Region Tournament Champions and finished the season with a 4-Peat State Championship. In the last 8 years the Patriots have finished 2nd place at the State Tournament 3 times (2011, 2013, 2014) and 1st place 5 times (2012, 2015, 2016, 2017, 2018).

Coach Zastoupil and the Century Patriot Volleyball Program look forward to getting to know your camper and help them develop their volleyball skills.

**Stars and Spikes**  
**2019 Summer**  
**Volleyball Camp**  
**at**  
**Century High**  
**School**



**Entering Grades 8 & 9**  
**June 18-20**  
**12:30pm-3:30pm**

# STARS AND SPIKES 2019 Summer Volleyball Camps

## Entering 8th & 9th Grade:

This will be a skills camp working on passing, setting, serving, hitting, blocking, defense and offense, as well as Teamwork.

When: June 18-20

Time: 12:30-3:30pm

Where: Century High School

## Goals and Objectives:

The Stars and Spikes Volleyball Camp will be a rewarding and satisfying experience for your child, both in what he/she can learn on the court and from the association and competition with players their own age group who likewise love volleyball. We assure you that your child will be kept busy learning the fundamentals of the game of volleyball.

Facilities: Century High School

Two full indoor, air-conditioned gyms, locker room and training room facilities

## Arrival and Departure:

- Check in at Century High School in the Commons (use Door 23) on the first day of camp 15 minutes prior to the start of camp.
- The Camp will run Tuesday– Thursday
- Wear appropriate clothing and be prepared to play!

## Camp Fees:

\$65 for three days. **\$75 if registration is received AFTER June 3, 2019.** The fee includes all instruction, a camp t-shirt, treats, certificates and awards.

Full payment must be sent with registration. No Refunds will be given after June 10. No walk-ins will be accepted.

## Injury:

The camp, Century High School, or any of the camp instructors are not responsible for any injuries or accidents that occur during the camp session.

## Camp Purpose:

The primary purpose of the camp is to teach and improve the fundamentals of volleyball: passing, setting, serving, spiking, blocking and teamwork. Along with these skills we would like to promote sportsmanship, leadership and citizenship.

## Camp Teaching Staff:

### Directors:

Jamie Zastoupil

Century Varsity Volleyball Coache

### Additional Staff:

Assistant CHS coaches, current and former high school and college players. The camp will be staffed as necessary to provide a good student-coach ratio.

## How to Register:

Online: using google forms  
Register at the following link:  
[https://goo.gl/forms/  
KbsHPwFIPTPPW9Gp2](https://goo.gl/forms/KbsHPwFIPTPPW9Gp2)  
and

Mail check to address below :  
-or-

## By Mail:

Complete the registration form found on the back side of the brochure and mail this and a check to:

Stars and Spikes Volleyball Camp  
Century High School  
1000 E. Century Ave  
Bismarck, ND, 58503

Make checks payable to:

**Jamie Zastoupil**