

Welcome 6<sup>th</sup> Grade Volleyball Parents. Thank you for letting us teach your daughter about volleyball and help her improve upon her skills.

Just a couple of friendly reminders:

- Please do **NOT** get your daughters ears pierced during volleyball season, she will not be able to tape over them, so she will not get to play
- Please take off **ALL** jewelry and leave it at home for practice, games
- Please invest in a pair of knee pads (Walmart, Target, Scheels, Dicks)
- Please have a dry pair of shoes to practice/play in. Don't need to buy volleyball shoes, but please don't wear that pair in the car to volleyball (dirt, stones, wet get on them and we don't want that stuff on the floor)
- Please make sure your daughter has jacket/sweatshirt and pants/sweatpants on when they **arrive** and **leave**, we don't want them getting sick
- Please leave all valuables at home
- Please leave outdoor clothes and shoes in the hall, in a bag, and enter the gym once the coaches open the doors
- Please pick up your girls promptly after practice, coaches **DO NOT** stay till all girls leave, there are custodians that in the building.
- Teams will be selected after Thursday's practice and listed by coach on the HMS website on Saturday/Sunday with the girls practice times for the rest of the season. Please note these times could change at any time so check the website regularly.

Thank you and see you all in the stands for our first games on Saturday Feb 6<sup>th</sup>.

Coaches – Becky, Kayla, Hattie

**Practice times for week of 1-26 / 1-29:** Girls will be given their # Monday at practice, so make sure she knows what it is.

Tuesday	1-26-21	<u>6:30-7:30</u>	# 1 – 30	<u>7:30-8:30</u>	# 30 - ??
Thursday	1-28-21	<u>6:30-7:30</u>	# 30 - ??	<u>7:30-8:30</u>	# 1 - 30