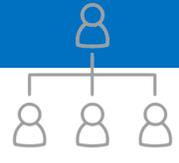
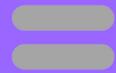


In all cases, please inform BPS School Nurse Coordinator, Kate Gartner, RN at 701-323-4024 or kate_gartner@bismarckschools.org.

Quarantine recommendations will be made on a case-by-case basis in consultation with BBPH in an attempt to keep the school open and operational.

| Person A | Person B | Person C | Person D |
|--|--|--|--|
|  |  |  |  |
| <p>Any person who has tested positive for COVID-19.</p> | <p>Any person who lives in the same household with Person A</p> | <p>Any person with close contact to Person A (>15 min and <6 ft)</p> | <p>Any person who has had exposure to Person B or C before quarantine</p> |
| <p>With symptoms:</p> <p>Isolation until the following requirements have been met:</p> <ul style="list-style-type: none"> * 10 days since symptoms first appeared AND * 24 hours since last fever (without the use of fever reducing medication) AND * Symptoms have improved <p>The 24 hours without fever may possibly occur within the 10 days of isolation or after the 10 days.</p> <p>Without symptoms (asymptomatic):</p> <p>Isolate for 10 days from the date of first positive test:</p> <ul style="list-style-type: none"> * Monitor self for symptoms, take temperature twice daily * Released from isolation after 10 days have passed as long as no symptoms | <p>No symptoms:</p> <ul style="list-style-type: none"> * Quarantine immediately * Quarantine while Person A is ill and/or isolated * Quarantine an additional 14 days after Person A has recovered and been released from isolation * Quarantine can last up to 24 days or longer | <p>Quarantine for 14 days following date of last exposure</p> <ul style="list-style-type: none"> * Contact Health Department with any questions and further instructions * Monitor self for symptoms, take temperature twice a day * If symptoms develop, notify Primary Care Provider | <p>NO QUARANTINE OR ACTION REQUIRED unless:</p> <p>Person B or C develops symptoms OR tests positive and Person D had contact within 14 days, then:</p> <ul style="list-style-type: none"> * Monitor self for symptoms, take temperature twice a day * Contact Health Department with any questions and further instructions * Contact Primary Care Provider |
|  <h2>Recovered and Released</h2> | | | |
| <p>Definitions:</p> <p>Close contact is defined as anyone who was within 6 feet of an infected person for at least 15 minutes starting from 48 hours prior to the person having symptoms.</p> <p>Isolation separates infected individuals with a contagious disease from people who are not sick.</p> <p>Quarantine separates and restricts the movement of a person exposed to a contagious disease to monitor if they become ill.</p> <p>Insignificant exposure is contact with an infected individual for less than 15 minutes at a distance of over or equal to 6 feet.</p> | | | |
| <p>For more information, contact Bismarck/Burleigh Public Health or the ND Dept. of Health.</p> | | | |