

Anderson/Stavn Cross Country Meet - September 15, 2018

McDowell Dam – Bismarck, ND

The 7th annual Anderson/Stavn Cross Country Meet will be held at McDowell Dam Saturday, September 15 -- **beginning at 1:00pm**

LOCATION OF COURSE: The course is located at the McDowell Dam Recreational Area. The course surface is all grass with a few rolling hills.

McDowell Dam is located 6 miles east of Bismarck on Highway 10. Take I-94 exit 161 and head south 1.5 miles. Turn east onto County Road 10/East Main for 4.0 miles. Turn left on 93rd St. NE for 1.4 miles.

ORDER OF EVENTS – 1:00pm START (Rolling time schedule)

<u>CLASSIFICATION</u>	<u>DISTANCE</u>	<u>T-SHIRTS</u>
Varsity Boys	5,000 M	Top 20
Varsity Girls	5,000 M	Top 20
JV Boys	5,000 M	Top 15
JV Girls	4,000 M	Top 15
7th & 8th Grade Boys	3,000 M	Top 15
7th & 8th Grade Girls	3,000 M	Top 15
6 th Grade Boys	1,600 M	Top 10
6 th Grade Girls	1,600 M	Top 10

PARKING: We will have assigned parking for all busses in the parking lot. There is plenty of parking for cars in the grass and some extra parking lot space.

DRESSING: Dressing facilities are limited, but there are public restrooms available along with porta potties.

SPORTS MEDICINE: Athletic trainers will be on hand to take care of all training needs. Please contact the public address table for any specific needs.

ENTRY FEE: The fee for this meet is **\$100.00 per school. (Covers grades 6th-12th) An invoice will be sent after the meet, please do not bring your entry fee check to the site.**

ENTRY PROCEDURE: All athletes must be entered using
<https://www.directathletics.com/meets/xc/14032.html>
Entry site closes at 6:00pm on September 13, 2018

Merely having an athlete on your roster DOES NOT mean that he/she is entered the meet!

Please make sure to enter your athletes into a division.

ADMISSION FEE: \$6 per adult \$4 per student

RESULTS : Results will be posted at the meet and will be available on the following site:
<https://sites.google.com/bismarckschools.org/bpstrackfieldxc/home>

If you have any questions about our plans for you, don't hesitate to call Dave Zittleman at 323-4079 or email dave_zittleman@bismarckschools.org .