

Healthcare Provider Anaphylaxis Action Plan

Bismarck Public Schools

Student's Name: _____

DOB: _____ School: _____ Grade: _____

Allergic to: _____

Does the student have asthma? Yes* No *Higher risk for severe reaction

Medication/Dosage

Epinephrine: Inject into thigh (circle one) EpiPen® EpiPen® Jr. AuviQ AdrenaClick

Antihistamine or other medication: give _____
Medication/dose/route

Student has been instructed and may administer his/her own epinephrine: Yes No

Plan of Care

If student has ingested the food allergen or has been stung by the allergen, but NO SYMPTOMS are present then (check all that apply):

Administer Antihistamine Administer epinephrine

Monitor student and treat according to the development of the following symptoms:

MILD SYMPTOMS ONLY:

MOUTH: Itching or tingling to the mouth or face
SKIN: A few hives around mouth/face, mild itch or tingling.
Hives, redness or welts without generalized swelling



1. **GIVE ANTIHISTAMINE**
2. Stay with student; contact parent(s) or guardian(s)
3. If symptoms progress (see below) USE EPINEPHRINE.
4. Monitor student

Any SEVERE SYMPTOMS:

One or more of the following:
LUNG: Short of breath, wheeze, persistent cough, difficulty talking
HEART: Pale, blue, faint, weak pulse, dizzy, confused
THROAT: Tight, hoarse, trouble breathing/swallowing
MOUTH: Obstructive swelling (tongue and/or lips)
SKIN: Many hives over body



1. **INJECT EPINEPHRINE IMMEDIATELY**
 2. Call 911 & parent(s) or guardian(s)
 3. Begin monitoring (see box below)
 4. Give additional medications: *
-Inhaler (bronchodilator) if asthma
- *Antihistamines & inhalers/bronchodilators are not to be depended upon to treat a severe reaction (anaphylaxis).
USE EPINEPHRINE

Or **combination** of symptoms from different body areas:

SKIN: Hives, itchy rashes, swelling (e.g., eyes, lips)
STOMACH: Vomiting, diarrhea, cramping pain

Monitoring after administration of epinephrine autoinjector:

Stay with student; alert healthcare professionals and parent. Tell rescue squad epinephrine was given. Note time when epinephrine was administered. A second dose of epinephrine can be given 5 minutes or more after the first if symptoms persist or recur. For a severe reaction, consider keeping student lying on back with legs raised. Treat student even if parents cannot be reached.

Even if parent/guardian cannot be reached, do not hesitate to medicate and call 911!

Other instructions for school personnel: _____

Healthcare Provider signature: _____

Date: _____

Healthcare Provider name printed: _____