

Mandan Public Schools Activities Department

"Home of the Braves"

905 8th Avenue NW, Mandan, ND 58554 ~ Telephone: 751-6577, Fax: 751-6676

Mark Wiest, Activities Director

TO: Cross Country Coaches and Athletic Directors

FROM: Hilary Feist & Bill Greb, Braves Cross Country Coaches
Mark Wiest, Activities Director

DATE: August 17, 2022

RE: 29th Annual Kiwanis Invitational Cross Country Meet
September 2, 2022

WHERE: Mandan Municipal Golf Course – 1002 7th St SW

TIME: 11:00 AM CST – Races will be on a rolling start.

Race Order:

Varsity Girls	5000 Meters
Varsity Boys	5000 Meters
JV Girls	4000 Meters
JV Boys	5000 Meters
7 th & 8 th Grade Girls	3000 Meters
7 th & 8 th Grade Boys	3000 Meters
6 th Grade Girls	1600 Meters
6 th Grade Boys	1600 Meters

TEAM ENTRY FEE – \$100/school ... if less than 10 runners, \$10.00/runner

AN INVOICE WILL BE SENT AFTER THE MEET. PLEASE DO NOT BRING ENTRY FEE TO THE SITE.

****TEAM PACKETS WITH BIBS WILL BE AVAILABLE AT THE MEET IN THE WARMING HOUSE. REGISTRATION SHOULD BE DONE AT <https://www.athletic.net/CrossCountry/meet/211260/register> WEBSITE BY NOON, WEDNESDAY, AUGUST 31ST. COMPETITOR NUMBERS WILL BE POSTED TO WWW.ATHLETIC.NET ON WEDNESDAY EVENING, AND RESULTS WILL BE POSTED THERE AS WELL. THANK YOU FOR YOUR COOPERATION.****

AWARDS – T-shirts will be awarded for the following in both boys & girls divisions:

Varsity	Top 20
JV	Top 15
Middle School	Top 15
6 th Grade	Top 10

WATER – A water refill station will be located at the finish line. No cups will be available. **Bring your own bottles.**

T-SHIRTS: T-shirts will be available for sale. (\$10.00 short sleeved; \$15.00 long sleeved)

**If you have any questions please call Coach Feist at 701-306-5586 or Coach Greb at 701-446-6763 or email the coaches at Hilary.feist@msd1.org or William.greb@msd1.org

**Registration information is due back NO LATER
than noon on WEDNESDAY, AUGUST 31ST.**