

CAMP REGISTRATION

*This Registration Form Will Register
you for the "O" & "D" Camp*

Participant's Name _____

Grade (Entering 2019) _____

Home Telephone # _____

Address _____

City _____

State _____

Zip _____

Parent/Guardian's Name (1) _____

Day Telephone # _____

Evening Telephone # _____

Parent/Guardian's Name (2) _____

Day Telephone # _____

Evening Telephone # _____

Email _____

Shirt Size _____ Adult or Youth (Circle)

Make Check Payable to:

Touchdown Club

Mail To:

**Touchdown Club
c/o Chris Clements
1928 Tahoe Dr.
Bismarck, ND 58504**

****No refunds will be given after July 1st****

SUMMER CAMP INFORMATION

**Monday July 22nd – Wednesday July 24th
7TH & 8TH Grade Camp**

**Cost: \$60 On or Before July 1st
\$75 After July 1st**

"O" & "D" Camp Schedule

Warm up & Agility 8:30-8:40 AM

Offensive Breakdown 8:40-9:25 AM

Team Offense 9:25-9:55 AM

Water Break 9:55-10:00 AM

Defensive Breakdown 10:00-10:45 AM

Team Defense 10:45-11:00 AM

Team Games 11:00-11:30AM

**Thursday July 25th & Friday July 26th
3rd, 4th, 5th & 6th Grade Camp**

**Cost: \$50 On or Before July 1st
\$65 After July 1st**

"O" & "D" Camp Schedule

Warm up & Agility 9:00-9:10 AM

Offensive Stations 9:10-9:50 AM

Defensive Stations 9:50-10:30 AM

Team Games & Competitions 10:30-11:00 AM

WHERE: Legacy High School

Equipment

**Players will need to provide their own T-Shirt,
Shorts and Cleats.**

"O" & "D" CAMP OBJECTIVES

*The purpose of the "O" & "D" Football
Camp is to develop the fundamentals
needed to become a successful football
player.*

**Our focus will be on teaching fundamentals as
well as implementing our offensive and
defensive schemes. The camp will also stress
the skills involved in special teams play**

The Camp Will Focus On:

- Offensive Fundamentals
- Defensive Fundamentals

"O" & "D" CAMP STAFF

The Legacy High School Football
Staff, Local College and High
School Players will be conducting
the "O" & "D" Camp

ADDITIONAL INFORMATION

*For more information regarding
the football program*

Call Chris Clements at 701-471-7488

Email – chris_clements@bismarckschools.org

ATHLETE TRAINING PROGRAM INFO

The 2019 Spartan Athlete Training Program will begin on Tuesday, June 4th. Sessions will take place every Monday, Tuesday, and Thursday through July 25th. We encourage every athlete grades 6 thru 8 to register for a Session.

Session Times:

9:00am-9:50am

10:00am-10:50am

11:00am-11:50am

Summer Strength & Conditioning Fee:

M, T, Th Group Sessions - \$100

Registration forms maybe found online at:

www.bismarckschools.org/district/schools/secondary/simle/

Questions?

Call Tyler Woeste at 701-323-4600

Chris Clements
Head Football Coach
Legacy High School
1928 Tahoe Dr.
Bismarck, ND 58504

2019

“O” & “D” Football Camp

*Monday July 22nd – Wednesday July 24th
7TH & 8TH Grade Camp*

*Thursday July 25th & Friday July 26th
3rd, 4th, 5th & 6th Grade Camp*

“O” & “D” Camp Fees

7TH & 8TH Grade Camp

Cost: \$60 On or Before July 1st

\$75 After July 1st

3rd, 4th, 5th & 6th Grade Camp

Cost: \$50 On or Before July 1st

\$65 After July 1st
